

OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Carrot Ginger Soup & Salad Bar Croque Monsieur Carrot sticks Potato Tots Oatmeal Cookies	Kale and Bean Soup & Salad Bar Baked Ziti Caesar Salad Cannoli	<u>Caribbean Menu</u> Pumpkin Noodle Soup & Salad Bar Jamaican Jerk Chicken Rice & Beans Papaya Salad Banana Bread	<u>Community Picnic</u> Roast Turkey & Provolone on Italian Roll w/ Lettuce & Tomato Carrot Sticks Chips Chocolate Chip Cookie
7	8	9	10	11
Tortilla Soup & Salad Bar Beef Tacos Rice & Beans Caramel Pudding	Moroccan Vegetable Soup & Salad Bar Chicken Tajine Mediterranean Rice Sautéed Vegetables Orange Cake	School Closed-Fall Break	School Closed-Fall Break	School Closed-Fall Break
14	15	16	17	18
School Closed-Fall Break	Butternut Squash Soup & Salad Bar Whole Wheat Pasta w/ Chicken Basil Pesto Fresh Fruit	<u>Oktoberfest Menu</u> Yellow Split Pea Soup Turkey Bratwurst Spaetzle Braised Cabbage Apple Strudel	Egg Drop Soup & Salad Bar Chicken Stir Fry Brown Rice, Vegetable Medley Fortune Cookie	Lentil Soup Pizza Caesar Salad Fresh Fruit
21	22	23	24	25
Vegetable Barley Soup & Salad Bar BBQ Pulled Chicken Sandwich Potato Salad or Chips Broccoli Slaw Fresh Fruit	<u>Brunch Menu</u> Soup & Salad Bar Scrambled Eggs Turkey Sausage Links French Toast Hash Brown Potatoes Yogurt Parfait	Vegetable Minestrone Soup & Salad Bar Beef Kofta, Tzatziki Sauce Couscous Greek Salad Chocolate Chip Cookies	<u>NY Deli Day</u> Matzo Ball Soup & Salad Bar Corned Beef Reuben Potato Tots Potato Salad, Cole Slaw Dill Pickles Marble Cake	Pasta and Bean Soup & Salad Bar Seared Salmon Roasted Potatoes Sautéed Vegetables Brownies
28	29	30	31	
Garden Vegetable Soup & Salad Bar Macaroni & Cheese Glazed Carrots Apple Crisp	Potato Leek Soup & Salad Bar Corn Flake Coated Chicken Rice Pilaf Fall Squash Fresh Fruit	French Onion Soup & Salad Bar Hachis Parmentier Yogurt Berry Cake	<u>Happy Halloween</u> Pumpkin Soup & Salad Bar Grilled Turkey Burgers, Fries Cole Slaw "Dirt" Pudding w/ Worms	